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## Why Choose METI



**Our programs are recognized and trusted by employers.** They know that you'll be ready for the job when you leave our campus!



**Our team cares about your success.** We understand that not everybody learns the same way. All of our instructors have industry experience and will work with you to make sure you're prepared for your career.



**You'll become part of the METI family.** Your future is important to us. Upon completing your program, we're always available to help you connect with industry and provide ongoing support and advice.

#### At METI, your success is our success!

**METIATLANTIC.COM** 

"I would like to say thank you to all the staff and all the instructors at METI. I just graduated today from the class 3 program. Special thanks for the driving lessons, and also Mike, Chris and Harold for all your help."

- Elizabeth Meade

METI'S Class 3 Driver Training Program Makes You Job-Ready with 18 Industry Certifications & 2 Driver Endorsements, all in 6 weeks.

Our course was developed with input from industry professionals who continue to work with us, ensuring that you have the most hirable skills in the industry.

#### **PROGRAM BENEFITS**

- You'll get the training you need to work on sites here in Nova Scotia and across Canada
- You will get behind-the-wheel drive time and in-demand industry certifications
- You'll be trained and licensed to drive any Class 3 vehicle, including: tandom trucks, cement trucks, fuel trucks, vacuum trucks and more
- Your NS Driver license will be upgraded to a Class 3 license, which includes an air brakes endorsement
- Training and certification from OSSA, Enform, ACSA, The Canada Safety Council and St. John's Ambulance, which is over and above what other providers will give you



Our program is an approved certification by the NS Department of Labour & Advanced Education. METI is a licensed Driver Training School in accordance with the Motor Vehicle Act.

#### 902-539-9766

#### **Individual Course Descriptions**

(To see full course descriptions, go to www.metiatlantic.com/programs/ construction-oilfield-driver-class-3/)

AIR BRAKES TRAINING We prepare you for the Nova Scotia Air Brake Exam. You will receive the air brake endorsement on your license

#### 2 CLASS 3 DRIVER TRAINING

We train you in safe and effective operation of Class 3 vehicles. You will take your driver test with our accredited driver instructors

#### **3** CONSTRUCTION SAFETY TRAINING SYSTEMS (CSTS) You will have this preentry requirement for many

construction industry work sites.

#### CARGO SECUREMENT AND HANDLING TRAINING

We train you in safe techniques for the loading and securing of specific types of commodities Learn to inspect secured loads

for compliance

Learn the North American Cargo (NSC) Securement Standard

#### **5** FLAG PERSON (ALBERTA FLAGGER) TRAINING

Learn the standardized flagger procedures in the construction industry in Alberta.

#### 6 HAZARD ASSESSMENT TRAINING Identify, asses and control

hazards in the workplace

#### FORKLIFT OPERATOR SAFETY TRAINING

You will have a nationally recognized certification. This forklift course is developed within the CSA standard.

#### **GROUND DISTURBANCE** LEVEL 201 This classroom program

This classroom program assessed to ABCGA Standard 201 Ground Disturbance – Supervisory and endorsed by the ABCGA.

#### H2S ALIVE (ENFORM)

The aim of this course is to provide all Petroleum Industry workers with the knowledge and skills necessary to recognize and respond to Hydrogen Sulphide (H2S) emergencies. Areas of study will include the following: H2S properties; initial response strategy, Respiratory Protective Equipment, Detection of H2S, Rescue Techniques, Case Studies.

#### **10** OCCUPATIONAL HEALTH & SAFETY ACT, OH&S (NS) TRAINING

Learn the rights and responsibilities at all levels; workers, supervisors and managers.

#### OILFIELD TRANSPORTATION (SWAMPER) TRAINING

This course is for persons going to work as swampers on bed trucks or picker (boom) trucks in the oil and gas industry. It covers the main points about hazards and what is expected of the swampers in doing their job.

#### 12 OSSA BASIC SAFETY ORIENTATION (BSO)\* Gain a general

awareness of critical safety initiatives found at participating OSSA Member work sites. You will be able to present your credential to any of the Oil Sands Safety Association Owner Member sites (Albian Sands Energy Inc., Canadian Natural Resources Ltd., Suncor Energy Inc., and Syncrude Canada Ltd.) as proof of completing the required pre-site access orientation.

#### **13** OSSA CONFINED SPACE ENTRY & MONITOR TRAINING\*

Train in the hazards associated with entering and working in confined spaces.Learn to control the associated hazards.

#### **14** POWER LINE HAZARDS TRAINING (WORKPLACE NL)

Identify the hazards associated with working near power lines. Refer to the relevant provincial regulations and types of controls that can be used to prevent loss.

# 15 OSSA FALL PROTECTION TRAINING\*

Learn the principles of fall prevention and protection. Train with different types of fall protection.Learn the most appropriate use for each system

\* OSSA CERTIFICATIONS ARE REQUIRED BY THE FOUR OSSA MEMBER COMPANIES; CNRL, SHELL, SUNCOR AND SYNCRUDE

#### **16** PROFESSIONAL DRIVER IMPROVEMENT COURSE (PDIC)

Learn to prevent collisions, deliver cargo, reduce costs and maintain good driving habits with this course, delivered via the Canada Safety Council.

#### **17** STANDARD FIRST AID, LEVEL C WITH CPR AND AED TRAINING

Become certified in St. John Ambulance Standard First Aid Training - Level C with CPR & AED.

**18** TRANSPORTATION OF DANGEROUS GOODS (TDG) TRAINING

You will be certified to consign, transport and handle dangerous goods. Learn to follow the regulations and procedures for classification, labels and markings, documentation, and procedures for reporting leaks or accidents.

**19 VACUUM TRUCK OPERATIONS TRAINING** This course was

developed with industry to give you the skills employers look for, along with a working knowledge of the safe and efficient operation of a vacuum truck

20 WHMIS GHS (WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM – GLOBALLY HARMONIZED STANDARD) Work within the "Old WHMIS" (1988) and the "New WHMIS: (2015).

#### "When I need tractor-trailer or tandem truck drivers I look to METI to fill the void."

-Joe Parsons, Owner Joe Parsons Construction

The Class 3 course is perfect for someone looking to work in Alberta. Every course employers required was provided through the program. I graduated in early July of 2016 and was employed in Alberta by August of 2016.I didn't have to take a single safety course outside of what you guys provided with the program, which is awesome! I came out here and went right to work.

- Mitch Donovan



## Admissions Process

Our admissions team is here to help you through your enrollment process. If you have questions, give us a call or stop by our campus on Alexandra Street.

# To apply you will need:



A completed application form

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A completed **Nova Scotia Class 3 Driver's Medical** that is current within the last 3 months



Proof of your education to date



A valid **Class 5 license level** with "N" removed if on graduated licensing



A Driver's Abstract that is current within the last 3 months "Great news; just going home for a week, then back and starting 2 weeks on – two weeks off. Absolutely couldn't be happier! ...Operating combo truck and water truck."

-Shannon Beresford

### Payment options for your program

"METI and our team partner to place operators with our shutdowns. METI are just awesome and find us Class 1/3 people who are interested in working TAs."

CEDA

Renée Rust, Manager, Recruitment CEDA

We encourage you to contact us to learn more about your options.

**Personal Payment Plans.** 

Our plans are flexible and non-intimidating.

**Student Lines of Credit** can be obtained through your financial institution (bank or Credit Union).

**Registered Education Savings Plans** might be an option for you.

**Student Grants** can be obtained, as based on your level of income.

**Bursaries.** We honor student and business bursaries.

**Government Training Funds** are made available through various agencies which are there to help pay for your training. Contact your local Employment/Career Resource Centres and ask about funding options.

Our team is always available to help you!



We are proud to work with more than 400 businesses and 700 facilitators globally.

#### METI

301 Alexandra Street Sydney, NS B1S 2E8

Phone: 902-539-9766 Toll free: 877-800-6384

Email: training@metiatlantic.com

#### www.metiatlantic.com Follow us on Facebook and Twitter



"My boyfriend has been out of work since last year but METI just helped him get a position with CEDA! The school staff went out of their way to get him what he needed and even set him up with an interview. He has a degree but METI has been the best education he ever got. Thank you so much from both of us!!!!!"

- Caitie MacQuarrie